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Principal: Michelle Young

RESPECT COURAGE **HONESTY TEAMWORK FUN** ewsletter Term 3, Wednesday 23rd July 2025

School Council Members - President: Sarah Kennedy Vice President: Lucy Whillance Secretary: Kathleen Callow Treasurer: Kelsey Schueler Executive Officer: Michelle Young; Committee Members: Alyson Nichol, Lahnie Tong, Rachel Rogers, Jade Simpson, Stephanie Cooke and Tina Tallberg

Weekly Events

Tuesday Grade 3/4 Art Science, PE & Wellbeing

Tucker Tuesday

Wednesday Grade Foundation Art Science & PE Thursday Grade 1/2 Art Science, PE & Wellbeing

Foundation & Gr3/4 Wellbeing

Little Legends 0-5-year-old health program

Friday Grade 5/6 Art, Science & PE

MARC Van dates Wednesday 30th July, 13th & 27th August, 10th September

Upcoming Events

July

Friday 25th July Author Visit for Grades 3-6 Monday 28th July Mitchell Cluster Athletics F-6 Howitt Park Bairnsdale

Wednesday 30th July Regional Winter Sports Tee ball & Soccer

August

Monday 11th August District Athletics Howitt Park Bairnsdale Monday 18th August Book Week Dress Up Parade

September

Monday 8th September Division Athletics Howitt Park Bairnsdale Wednesday 10th-Friday 12th Sept Gr3/4 Karoonda Camp



2026 Prep Enrolments Now Open

Book a School Tour Now Enrolment forms are available from the office Dear Parents.

It was wonderful to see so many smiling faces and to hear all about the exciting ways students spent their holidays.

This term promises to be a busy and rewarding one, filled with new learning opportunities and a wide range of extracurricular activities. As always, we remain committed to empowering our students to take ownership of their learning and continue developing as confident, capable leaders.

As we kick off the new term, we'd like to take a moment to highlight the importance of student **leadership** — a cornerstone of our school culture-and some tips for how you can support this process at home.

Developing Student Leadership and Self-**Regulated Learners**

At Bruthen Primary School, we believe that leadership is not just a role or title—it's a set of capabilities that every student can develop and practise, every day.

True leadership beains with self-leadership: the ability to understand oneself, regulate emotions, take initiative, and respond positively

to challenges.



These are essential traits that empower students to become self-regulated learners—confident, capable, and curious individuals who take ownership of their learning journey.



When students learn to manage their emotions, they are better able to focus, work through frustrations, and respond with empathy and patience in challenging situations. A growth mindset—believing that abilities and intelligence can improve with effort—encourages students to persist through mistakes, view feedback as an opportunity, and continue striving even when learning feels tough.



We also nurture persistence, determination, and a willingness to take risks, as these traits help students tackle new challenges with courage. Curiosity fuels inquiry and a love of learning, while the ability to learn from mistakes supports deeper understanding and builds resilience.



These leadership capabilities are taught, modelled, and practised across the school—from the classroom to the playground—so that all students can develop the skills they need to thrive as learners and leaders. By fostering these habits early, we set our students up for lifelong learning and success beyond the school gates.

Together, we are growing strong, self-regulated learners and future leaders—one step at a time.

How Parents Can Support Leadership and Self-Regulation at Home

Families play a vital role in helping children develop the personal and learning capabilities that lead to strong leadership and self-regulation skills. Here are some practical ways you can nurture these qualities at home:

***** Encourage a Growth Mindset

Praise effort, not just results. Help your child understand that mistakes are a natural and valuable part of learning. Phrases like "You worked really hard on that" or "What did you learn from that challenge?" promote a resilient mindset.

& Model Emotional Regulation

Talk openly about feelings and how to manage them. When your child is upset or frustrated, help them name the emotion and talk through calming strategies like breathing deeply, walking away, or counting to ten.

Promote Goal Setting and Reflection
Ask questions like, "What do you want to get better at this week?" or "What helped you learn today?" This builds self-awareness and ownership of their learning.

Celebrate Curiosity and Questions
Make space for wondering, problem-solving, and creativity. Encourage your child to ask questions, try new things, and explore their interests—even if it means making mistakes along the way.

Build Persistence and Resilience

When tasks get tough, support your child to break them into smaller steps and keep going. Share stories of times you've had to work hard or persevere through difficulties.

Give Responsibility and Voice

Involve your child in decision-making at home, encourage them to share their opinions, and give them age-appropriate responsibilities. Leadership grows when children feel trusted and heard.

By consistently modelling and encouraging these habits at home, parents can powerfully reinforce the same capabilities we are building at school—helping students grow into capable, compassionate and confident learners

New Digital Sign-In System at School

To keep up with the changes in technology and improve efficiency, we have recently introduced a digital sign-in system for visitors and for students who arrive late or leave early.

Parents and carers are now asked to use the **iPad located at the front office** for signing students in or out. To make this process quicker, you can use your child's **Kiosk Code** instead of typing in their full details.

This unique code can be found on the **UEducateUs app** by simply tapping on your child's photo. Entering the Kiosk Code allows the system to automatically link the sign-in/out to your child's record, making the process more **streamlined and accurate**.

As with any new system, there may be a short adjustment period, but we appreciate your support in making this transition smooth. This update will help ensure more reliable record-keeping and a more efficient experience for all.

Thank you for your cooperation!

Mitchell Cluster Athletics Carnival

On Monday, **28th July**, all students from Foundation to Grade 6 will participate in the Mitchell Cluster Athletics Carnival. This event will be held at the Howitt Park Athletics Track in Bairnsdale.

Students will travel to and from the event using Phelan's Bus Services, our school bus, and a self-drive hire bus, departing school at **9:00am**.

Please be at school by 8:45am.

- Foundation to Grade 2 students will rotate through a variety of modified athletics activities for two hours and will return to school by 12:00pm.
- Grades 3 to 6 students will participate in traditional athletics events and return to school by 3:00pm.

All students need to bring:

- A packed snack and lunch
- A refillable drink bottle

Students are to wear **school uniform** (shorts are recommended) and **appropriate footwear** suitable for running and jumping activities.

Please note: Students who are 9 years of age will compete in their own age group and will receive ribbons on the day for their events. However, to qualify for the Central District Athletics Carnival, 9-year-old students must achieve a better result than the 10-year-old competitors in the same event. Students who place first in the 11- and 12/13-year-old events will automatically qualify for the next round.

The four fastest runners in the 100m event in each age group will be selected to form the Mitchell Cluster relay teams for the Central District Competition.

"Parents, families, and friends are warmly invited to come along and cheer on our competitors!"

'Regional Winter Sports Carnival'

The Tee ball and Girls Soccer teams are looking forward to competing at the **Regional Winter Sports Carnival** on **Wednesday**, **30th July**.

Departing Bruthen Primary School at 8:00am **Returning to school** at 4:30pm.

These teams will play four games starting at 10:00am and finishing at 2:00pm.

The Tee ball is being played at:

Venue: Maffra Cameron Sporting Complex **Address:** Morison St, Maffra VIC 3860

The Girls' Soccer is being played at:

Venue: Sale United Soccer Club

Address: Baldwin Reserve, Raglan Street, Sale,

Victoria 3850



Author Visit: George Ivanoff Inspires Our Young Writers!

We are excited to announce that on **Friday**, **25th July**, acclaimed author **George Ivanoff** will be visiting Bruthen Primary School to work with our Grade 3 to 6 students. George will be sharing his expert tips on developing writing skills, with a special focus on crafting exciting **'choose your own adventure'** stories.

This is a fantastic opportunity for our students to learn from a professional author and ignite their creativity!

George will also be available to sign books on the day. Students are welcome to bring any of George's books from home, or parents can purchase his books from **School Works in Bairnsdale**.

Welcome

This term, we welcome 4 new students and their families to our school.



Alirah Broadbent Foundation



Xavier Gordon Grade 3



Tim Reynolds Grade 4



Taya Jones Grade 6

Book Week

We are thrilled to announce that Book Week 2025 is just around the corner! This year's exciting theme is "Book an Adventure" – a celebration of the journeys, discoveries, and thrills that books invite us to explore.

To kick off the week in style, we'll be holding our much-loved **Annual Book Parade** on **Monday 18th August at 9:15am**. It's the perfect opportunity for students to dress up as their favourite book character and help bring the spirit of adventure to life!

Now is the time to start planning your costume!

Whether it's a daring pirate from *Treasure Island*, a fearless girl from *Matilda*, or a time-traveller from your favourite sci-fi tale, we can't wait to see the incredible creativity our students always bring to this special day.

Here are some tips to get started:

- Choose a book character that you love.
- Think about how you can create your costume using things you already have at home.
- Don't forget to bring the book your character comes from on the day!

Let's make Book Week 2025 our most adventurous yet. **Happy reading and happy costume planning!**



<u>Fuel for Learning: The Importance of a</u> Healthy Snack and Lunchbox

At school, students are busy learning, thinking, creating and playing—and all of that takes energy! That's why it's so important for students to come to school each day with a healthy snack and lunch packed in their lunchbox.

Nutritious food helps students:

- Concentrate and stay focused in the classroom.
- Maintain steady energy levels throughout the day,
- Support their growth, brain development and overall wellbeing, and
- Stay calm and ready to learn.

We encourage families to pack snacks and lunches that include:

- Fresh fruit and vegetables
- Wholegrain sandwiches or wraps
- Dairy or dairy alternatives (like yoghurt or cheese)
- Lean proteins (such as boiled eggs, chicken, or legumes)
- Water is the only drink of choice at school

Highly processed or sugary foods (like chips, lollies or soft drinks) can lead to energy crashes and difficulty concentrating, so we recommend saving these for occasional treats at home rather than school.

A well-balanced lunchbox gives children the best chance to make the most of their learning, play actively, and feel their best throughout the day.

Thank you for helping us support healthy habits and strong minds at school!



<u>Smartwatches at School – A</u> <u>Reminder About Messaging and</u> Social Media Use

Smartwatches can be a great tool for telling the time and keeping organised, but at school, it's important that students use them appropriately.

To support a focused and safe learning environment, students are not permitted to use messaging, texting, or social media features on their smartwatches during school hours. These functions can be distracting in the classroom, disrupt learning, and may also lead to issues around privacy, cyber safety, and communication outside of approved school channels.

If students need to contact home during the school day, they are always supported to do so through the school office. Likewise, parents who need to send a message to their child can do so via our UeducateUs communication app.

We ask for your support in reminding your child to use their smartwatch responsibly at school. If watches are used inappropriately, students will be asked to remove them and store them securely at the office for the day.

Thank you for helping us maintain a respectful and focused learning space for all students

Tucker Tuesday Menu

Main: Spiral Pasta Bolognaise

Dessert: Raspberry Jam Brownie



2026 Prep Enrolments Now Open!We're excited to announce that Prep

We're excited to announce that Prep enrolments for 2026 at Bruthen Primary School are now being taken!

¶ Enrolment forms are also available from the Bruthen Primary School office — feel free to drop in and collect one.

Good news! Bruthen Primary School has capacity to accept all enrolments, so there's no need to fill out a register of interest form.

We kindly ask that completed enrolment forms be returned by Friday, 25th July.

Late enrolments will still be accepted, but early submission is appreciated. If you have any questions, please don't hesitate to contact the school office. We look forward to welcoming new families to Bruthen Primary School!

Kinder to School Transition Program

Starting school is an exciting time for children and parents.

We know that children who have a positive transition between kinder and school begin their first year of school with confidence. Over the course of our 5-week program your child will build strong connections with their teachers, peers and school community, learn school routines and experience some of our learning programs.

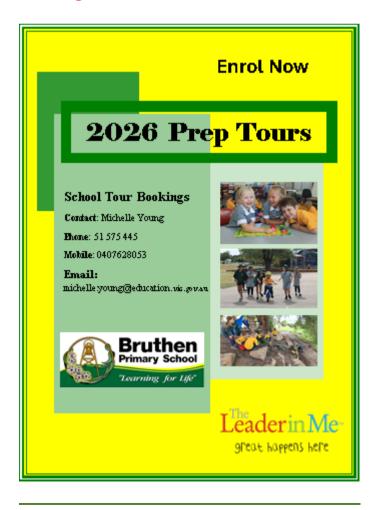
Every Wednesday

October

8th 9:00am-11:00am 15th 9:00am-11:00am 22nd 9:00am-2:30pm 29th 9:00am-2:30pm **November**

5th 9:00am-3:30pm

Please pass on these details to friends or family with children starting school in 2026.



Whole School Assemblies

Next Whole School Assembly is on Friday 25th July, in the Foundation Classroom.

Whole School Assemblies Are Back!



We're excited to announce that whole school assemblies have returned this term, bringing our school community together to celebrate learning and achievements.

When: The last Friday of each month

• Time: 3:15 PM – 3:30 PM

Breakfast Club



Breakfast Club is back, starting Week 3. Toast, cereal, porridge, spaghetti/baked beans and fresh fruit will be available on the breakfast

Students can fuel their brains at Breakfast Club

- Wednesday, Thursday & Friday
- 8:15am-8:45am.
- Staffroom

This program will be run by a volunteer student leadership team.

If you can help, please contact the school on 51 575 445 or see Michelle.

Little Legends Begins

Come and join the fun.
Every Thursday 9:30am-11:00am
at the sports' shed.



